CRASH REENACTMENT HELPS SHOW THE TRUTH ABOUT THE DANGERS OF DRINKING AND DRIVING

On May 29,2018 Molalla High School students teamed up with Molalla Fire Department, Molalla Police Department, AMR, First Call Mortuary Services and Oregon Impact to hold a crash reenactment at their school assembly. This reenactment was very successful in making the audience see the truth about the dangers of drinking and driving. The students played the parts of 8 friends in 2 separate cars that were headed to end of year parties. Several volunteers came in to do make up that was very realistic. The lacerations and the bruising that the makeup portrayed was very chilling to see.



One of the students played the part of a drunk driver that crossed the center line and hit the other car head on. The other students played the parts of the injured and deceased parties. The Molalla Fire department showed up on scene to cut some of the students out of the cars and prepare them for transport to the hospital. The Molalla Police Department showed up on scene to do a field sobriety test with the intoxicated student before placing him in the police car to head off to jail. American Medical Response was there to transport some of the injured, while First Call Mortuary Services transported the deceased.



For more information on how to hold an event like this in your own community <u>please contact Oregon Impact.</u>

SUMMER DRIVING SAFETY CHECKS

PREP YOUR VEHICLE FOR SAFER SUMMER DRIVING

ARTICLE COURTESY OF AAA.COM



Summer temperatures are rising—and all that heat can be hard on your car. Driving in warmer weather can cause worn components like tires and belts to fail, and healthy components can be damaged when fluids like engine oil or coolant run too low. To keep you and your family safe this summer, AAA has created a handy list of simple vehicle checks you can do to protect your car in warm weather.

These basic checks are quick and easy to perform, but crucial for avoiding costly breakdowns and the inconvenience that comes along with them. Go over this Summer Driving Safety Checklist before heading out this summer, and start your road trip with peace of mind.

MAKE SURE YOU'RE UP-TO-DATE ON MAINTENANCE

If it's almost time for your next service inspection, have it done before heading out on any long trips. Ask your technician to look at the underside of your vehicle and to check your tires, which are especially vulnerable to higher temperatures. By checking the tires while your car is on the lift, your service tech will be able to see any wear on the inner edges that may not be visible when your car is on the ground. Tires wear out from both age and use, so if you have a seasonal-use vehicle like an RV or 4×4 that you only use occasionally, make sure that the tires aren't older than 6-10 years, even if they don't appear worn. A trip to the tire store may save you from multiple old tire blowouts when you're on the road.

CHECK THE BATTERY

Even if you're not an expert – or don't know the difference between a bolt and a nut – you can still perform some basic checks to your car battery. If you're not mechanically inclined, just go with your gut: if something doesn't look right, it probably isn't and you'll rest easier by getting it checked.

When checking your battery, look at the battery itself and look for any excessive corrosion. Anything loose around the battery is a fire hazard, and the thick cables attached to the battery terminals should look clean and covered by insulation. You'll also want to look at the securing brackets, the alternator, and the accessory belts to make sure that everything is securely attached, nothing is visibly worn, and nothing is loose or dangling.

Remember, as a AAA Member, you're entitled to a battery inspection and a review of your car's charging and starting system as part of your membership benefits. Just call the number on your membership card and schedule an appointment with one of our trained technicians at a convenient place and time before your trip.

CHECK YOUR LEVELS - AND THE SPARE

Throughout the summer and especially before any long trip, check the fluid levels to make sure your car has enough oil, coolant, and wiper fluid, and top off anything that's running low.

While you're at it, check your spare tire to make sure that it's inflated and ready to use when you need it. If you have a "donut" spare, it usually needs to be more inflated (closer to 60 PSI) than a normal use tire (typically 30-35 PSI). Older spares may degrade simply due to age, especially tires that are more than 6-10 years old.

While most newer vehicles will alert you when it's time to have the car serviced, it's a good idea to keep a log of any maintenance that you perform yourself. Record every time you top off or replace necessary fluids, and note any unusual patterns or problems. If you're constantly adding oil or

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DRIVING SAFELY WITH PETS

ARTICLE COURTESY OF STATEFARM.COM

Summer means pedestrians, pets, bicycles and motorcycles are out in force, requiring drivers to be even more cautious. No matter where you're headed, the park close by or family vacation to the beach, it's important to think about everyone who'll be traveling with you, especially children and pets. As a driver, your responsibility is to know the law and protect those in your vehicle. Infants and toddlers need special care and safety seats are required by law in all 50 states.



While the State of Oregon doesn't have any laws on the books that spell out how pets in vehicles are to be protected, some states do have laws that require your furry friends to be restrained. New Jersey, for example, requires pets to be in a restraint or a carrier in the car. The fine for this violation is anywhere from \$250 to \$1000. Check with your department of motor vehicles or veterinary office for recommendations for safe and effective pet restraint in your area.

According to Actress and The Pet Lifestyle Coach®, Megan Blake, "unrestrained pets in cars pose serious potential risks, including becoming a major distraction to drivers; and unrestrained pets can easily be seriously injured, killed or even lost after being thrown from a car.'

"Dogs, like children, should never be allowed to ride with their heads out the windows," says Megan. "Flying debris, including bugs, could harm them, and their lungs or ears could be injured from high-speed wind."

Keep SUMMER FUN as a driver by following these tips:

- Start your trip with GPS and music set; phone stowed. Keep children and pets content by bringing along a favorite toy, treat, or blanket. Always drive 2N2°- 2 eyes on the road, 2 hands on the wheel.
- Understand the laws for passenger restraint. Both child and pet passengers require special attention. No passengers belong on a lap or in the bed of a pick-up truck.
- Make sure that the heating, ventilation, and air conditioning system (HVAC) of your vehicle is in good condition before your trip begins. This will be especially important for those longer trips. Keep a spare charging cable and car charger in your car for your phone.

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- Make it a point to pull over if a child or pet needs attention, or if you feel tired or drowsy. This way you keep your eyes on the road.
- Eating along the way may be necessary, but you should pull over for this, too. Pack snacks and drinks for everyone, including pets, for convenience.
- Remove loose objects from your vehicle, they can become projectiles in a crash, causing injury to people or pets. In the event of a crash, unsecured pets may become frightened and jump from open windows.
- Forbid paws and heads from being out the window. This applies to both 2-legged and 4-legged passengers. They could be injured by flying debris.
- Never leave children or pets in cars alone for any period of time. Temperatures can rise 19 degrees in just 10 minutes, putting them at risk.

Megan and Super Smiley's Top 5 'What to Pack' Travel Tips

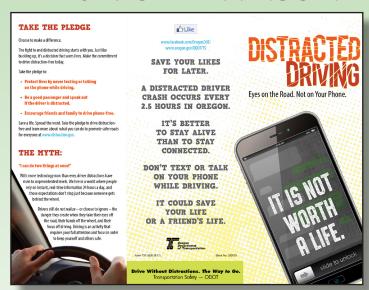
We pets love home and our people, and even though we love to go, we still want to feel safe and comfortable...just like home! Here's my Top 5 of What to Pack for your pet:

- 1. Her blanket or a towel that she's slept on so it smells like home, and a T-shirt or sock you've worn so it smells like you. These will be good "security blankets" for her and will help keep her calm and feeling like home.
- 2. A collapsible water bowl. These are so convenient and can be folded into a pocket or purse for easy carrying.
- 3. Her own food. Bring enough for the whole trip so you're not caught in a situation where you have to switch to a different brand mid-trip, which might upset her stomach...and the trip.
- 4. Her medicines and medical shot records.
- 5. Any accessories we may need, like life jackets, sweaters, protective boots, pet sunscreen, a toy to keep her occupied while waiting around, a towel for sitting on a boat deck...Think about your trip. If you need something extra, we may need it too!"



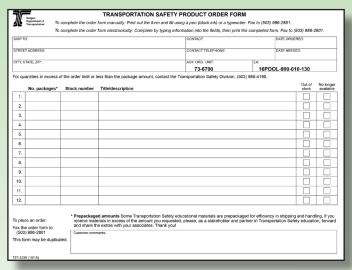
For more on Megan and Super Smiley, visit www.MeganBlakeOfficial.com.

DISTRACTED DRIVING CAN BE DEADLY - GET THE BROCHURE!



Click here for the Brochure (#330575) PDF.





Click here for a form to order the Distracted Driving Brochure (#330575)



How many fatalities do we have on our roadways and what number of traffic fatalities is acceptable?

Clackamas County residents answer these questions in this video

(click here to watch)

that is a part of our Drive to Zero campaign.

http://www.clackamas.us/drivetozero/

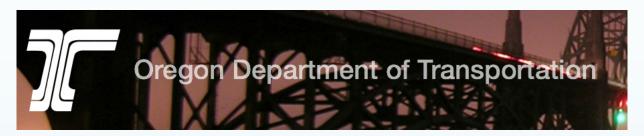
Transportation Safety Workshops

TREC Events UP Highway Safety Workshops OSU Kiewit Center

TREC Workshops are typically held at PSU. **Time Registration Topic Date** TREC Workshop: APBP Webinar: Safety Manuals - The Good Stuff 7/18 12:00 pm More Info TREC Workshop: Data Science Course - Part 1 Intro for Planners... 8/6 - 8/7 More Info 9:00 am TREC Workshop: Data Science Course - Part 2 Intermediate/Advanced 8/8 - 8/9 9:00 am More Info 8/9 **TREC Workshop:** Webinar: Meeting & Exceeding Mobility User Expectations... More Info 10:00 am **TREC Workshop:** IBPI Workshop - Comprehensive Bikeway Design 8/13 - 8/17 8:00 am More Info TREC Workshop: APBP Webinar: Moving Beyond the Centerline 8/15 12:00 pm More Info **UP Highway:** No events available at this time. More Info UP Highway: Safety Handbook for Oregon's Local Roads and Streets (Click to Download) More Info **OSU Workshop:** New events and dates will be posted in late September. More Info

PUTTING YOUR PHONE AWAY IS VITAL TO SAFETY

NEWS RELEASE FROM OREGON DEPARTMENT OF TRANSPORTATION



Beginning July 1, distracted driving penalties in Oregon will start adding up. Distracted driving is already exacting a high price – with fatalities and serious injuries occurring regularly in crashes where a driver is distracted – and now the cost for the driver may go even higher.

Offenses under the state's distracted driving law will begin counting toward elevated sanctions beginning July 1. Here's how the penalties can add up:

- First offense, not contributing to a crash: Class B violation, with a fine up to \$1,000.
- Second offense, or first offense, if it contributed to a crash: Class A violation, with a fine up to \$2,500.
- Third offense in ten years: Class B misdemeanor, with a fine up to \$2,500 and potential for 6 months in jail.

Not being fully focused on the complex task of driving can have disastrous results. From 2012-2016 in Oregon, there were 10,814 crashes involving a distracted driver, resulting in 70 fatalities and 16,503 injuries.

"Distracted driving is an epidemic in Oregon, and the consequences can be deadly," said Troy E. Costales, Transportation Safety Division administrator. "Everyone using the transportation system – drivers, bicyclists and pedestrians alike – should put away the distractions when traveling to help eliminate these tragedies."

This year, in unofficial numbers, Oregon has had 172 fatalities, up 17.8% from the same time last year. While we don't yet know the factors that contributed to these crashes, anecdotal information indicates many of these involved vehicles traveling out of their lane – and that can be the result of drivers being distracted.

"Distractions occur in many ways and Oregon's law stresses the need to put your electronic devices aside," Costales said. "What a driver must do is commit to keeping 'hands on the wheel, mind on the road."

Background

On October 1, 2017, an updated version of Oregon's Distracted Driving law went into effect. Here are the basics:

- If you are under 18, you can't use anything while driving, even hands-free.
- Drivers are not allowed to use any phone function that requires holding or touching.
- Hands-free or built in devices are allowed under the law.
- Cell phone mounts that cradle your phone on your dash are considered a hands-free device and functions that use a single touch or swipe to activate or deactivate the device or a function of the device are acceptable.
- Navigation Apps, Music Apps can only be used if you keep both hands on the wheel.
- Just standing still in traffic, stopping at a red light or a stop sign isn't enough: your car must be parked safely.
- Calling 911 in case of an emergency is only okay if no one else can initiate the call.
- The law includes cell phones, tablets, kindles, laptops, GPS units, mobile music players or any electronic device.
- Exemptions include those making medical emergency calls, truck and bus drivers following federal rules, two-way radio use by school drivers and utility drivers during the scope of their employment, police, fire, ambulance, and emergency vehicle operators during the scope of their employment and ham radio operators.

Learn how you can help stop distracted driving and save lives.

For more information contact:
Shelley M. Snow
Communications
(503) 986-3438
shelley.m.snow@odot.state.or.us

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coolant, it's likely that there's a leak or another issue. Have your vehicle serviced and get the issue resolved before your trip. It's cheaper and safer than finding yourself stranded on the side of the road in triple digit temperatures.

CHECK YOUR AIR CONDITIONER

A poorly performing air conditioning or climate control system can not only turn a trip into a miserable experience, but it can also cause a break down. The belt that drives the air conditioning pump may also drive the alternator or the water pump. If the compressor fails, the alternator may not charge the battery, or the coolant pump may not circulate properly and the engine will overheat. If you do have an issue, don't just add refrigeration gas to the air conditioning unit. It will leak out again and cause more problems. Instead, have a service professional identify and repair the issue before it causes more serious damage.

CHECK FOR RECALLS

It can take time for you to be informed if a recall is issued that affects your car, but you can check for recalls at any time by visiting www.nhtsa.gov/recalls and searching for your vehicle. You could also call your local dealership. If your vehicle is affected by a recall, give yourself plenty of time to get it resolved. Recall replacement parts are often in short supply, and some dealerships will only schedule a certain number of recalls per day or week.

CHECK YOUR BASIC TOOLS AND SUPPLIES

Your car may have come with a jack to change your spare tire, but it's a good idea to add few extras to your vehicle emergency kit. Here's a quick rundown of some smart supplies to have on hand:

- · A quart of oil
- Extra coolant
- A container of clean water
- Jumper cables
- Flares or reflective triangles
- Flashlight
- A few wrenches

These basics may save the day if your car breaks down. You can also purchase a car emergency kit that includes many of the tools you may need in a handy case that you can keep in your trunk.

Additionally, make sure that you have a way to charge your phone if your car battery dies (a portable USB charger is a great option), and always keep area maps in the car in case your phone dies or you're unable to access GPS.

If your car does break down, remember that AAA is available 24/7 to assist you in any way we can. Just take your AAA card with you and call us whenever trouble strikes. While you're waiting for help to arrive, stay in your vehicle or walk to a safer location nearby. Never stand in front of or behind your car while waiting for help.

With these simple summer safeguards, you can minimize your headaches and driving risks this summer—and focus on maximizing your enjoyment. Wherever your travels take you, you can count on AAA to be there when you need us.

Car Seat Check-Up Events and Fitting Stations

Address

www.Child Safety Seat Resource Center.org

Date	City	Location
7/5	Redmond	Redmond Fire
7/5	La Grande	Union Co. Sheriffs
7/7	Beaverton	Beaverton Police Dept.
7/10	Coos Bay	Coos Bay Fire
7/12	Ontario	Ontario Fire Dept.
7/14	Hillsboro	Tuality Health Ctr.
7/16	Bend	Bend Fire Department
7/19	Vancouver	Legacy Salmon Creek
7/21	Vancouver	Peace Health*
7/21	Beaverton	Kuni Auto Center
7/21	Tualatin	Tualatin Police Dept.
7/26	Forest Grove	Forest Grove Fire
7/26	Eugene	Eugene Fire
8/2	Redmond	Redmond Fire
8/2	La Grande	Union Co. Sheriffs

341 NW Dogwood Ave.			
10200 S. McAlister Road			
4755 SW Griffith Drive			
450 Elrod Avenue			
444 Southwest 4th Street			
334 Southeast 8th Avenue			
1212 SW Simpson Avenue			
2211 NE 139th Street			
92 Avenue Entrance			
3725 SW Cedar Hills Blvd.			
8650 SW Tualatin Road			
1919 Ash Street			
1725 West 2nd Avenue			
341 NW Dogwood Ave.			
10200 S. McAlister Road			

11:00 am - 2:00 pm
2:00 pm - 4:00 pm
9:00 am - 11:30 am
11:00 am - 1:00 pm
4:00 pm - 6:00 pm
9:00 am - 11:30 am
11:30 am - 2:30 pm
9:30 am - 2:00 pm
8:45 am - 2:15 pm
9:00 am - 11:30 am
9:00 am - 12:00 pm
3:00 pm - 5:00 pm
4:00 pm - 6:00 pm
11:00 am - 2:00 pm
2:00 pm - 4:00 pm°

Time

*Peace Health Event: Registration required by 8:45 am for 9:00-10:00 am class. First come, first served. Must attend class to participate in the clinic, which is held from 10:00 am to 2:00 pm.